



VVW INSIDE OUTSIDE  
OOSTENDE



## NOTICE OF RACE NORTH SEA CUP 11 – 12/09/2010, VVW INSIDE – OUTSIDE OOSTENDE

### 1. VENUE & ORGANISING AUTHORITY

The North Sea Cup 2010 will be held on 11 – 12/09/2010 and will be sailed in front of the beachclub VVW Outside, Oostende. The event is organized by VVW Inside under the supervision of the Flemisch Yachting Federatie ( VYF), the Belgian Association 4 Boardriding Competitors and the Koninklijk Belgisch Yachting Verbond (KBYV)

### 2. RULES

- 2.1 The regatta will be sailed under following rules
- The current ISAF Racing Rules of Sailing (RRS) (except as altered by the Sailing Instructions );
  - The current Class Rules of the different classes involved.
  - The Notice of Race;
  - The Sailing Instructions (SI) and their amendments.
- 2.2 Sailing Instructions will be available at registration.
- 2.5 If there is a conflict between languages the English text will take precedence.

### 3. ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to all competitors.
- 3.2 There will be sailed in 3 fleets:

#### **Formula Windsurfing and Formula Experience**

- Course Racing
- windlimit 7 knots.

#### **Techno 293 OD**

- Course Racing
- Windlimit 7 knots

#### **Subdivisions:**

- U 15 : sailsurface maximum 6.8 m2 (born in or after 1995 and not later than 1998)
- U 17 : sailsurface maximum 7.8 m2 (born in or after 1993 and not later than 1997)
- U 20 : sailsurface maximum 7.8 m2 (born in or after 1990, and not later than 1996)
- Open" : zeilen tot maximaal 7.8 m2

#### **Hybrid / RS:X / Raceboard & Mistral**

- Course Racing
- Winlimit 7 knots

#### 4. ENTRY FEE

€ 25,00,- to be paid at the registration desk in the regatta office upon arrival.

#### 5. SCHEDULE

Day	Date	Time	
Saturday	11/09/2010	8h30-12h00	Registration
		13h00	Skippersmeeting
		14.00h	start of the first race following races asap after the first race.
Sunday	11/09/2010	10h00	start of the first race following races asap after the first race
		17h00	pricegiving

#### 8. SCORING

- 8.1 The Low Point System of Appendix A will apply to all races.
- 8.2 3 races are required to be completed to constitute a series.
- 8.3 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.  
(b) When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

#### 9. SUPPORT BOATS

Teamleaders and/or coaches shall register at the registration office before the start of the first race and give the sail numbers of all boats they are supporting.

#### 10. SAFETY

- 10.1 Adequate personal buoyancy shall be worn at all times while afloat in the Bic Techno class.  
Wet suits and dry suits do not constitute adequate personal buoyancy.

#### 11. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### 12. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance. This may be checked at registration

#### 13. ACCOMMODATION

A limited number of chalets are available at the rate of € 7,50 / pp – night  
Reservation of these chalets has to be made by mail to Bart Plasschaert.  
Plasschaert.bart@gmail.com

Further information about accommodation can be obtained from:  
Toerisme Oostende, Monacoplein 2, 8400 Oostende  
Tel. 0032 (0)59 70 11 99 - Fax 0032 (0)59 70 34 77 - e-mail: info@toerisme-oostende.be

#### 14. CATERING

- Saturday evening: Free barbeque for all competitors.
- The hole weekend there will be drinks and food available at democratic prices.

#### 15. FURTHER INFORMATION

For further information please contact:  
Bart Plasschaert      Plasschaert.bart@gmail.com

